



8th Annual Conference of
Karnataka Endocrine Society

Hormone Rhythm²⁰²⁶ DAVANAGERE



Organized by

KARNATAKA ENDOCRINE SOCIETY

In association with

CENTRAL KARNATAKA
ENDOCRINE SOCIETY

DEPT. OF MEDICINE,
JJM MEDICAL COLLEGE, DAVANAGERE

S. S. INSTITUTE OF MEDICAL SCIENCES
& RESEARCH CENTRE, DAVANAGERE

ASSOCIATION OF PHYSICIANS
OF INDIA, DAVANAGERE CHAPTER

BLOCK THE DATES

27th & 28th JUNE

2026

**Bapuji Auditorium, JJM Medical College,
Davanagere, Karnataka**

hormonerhythm2026@gmail.com

<https://kesociety.in/>

Dear Esteemed Colleagues,

With great pleasure, we extend our warmest invitation to you for the 8th Annual Conference of the Karnataka Endocrine Society, titled "HORMONE RHYTHM 2026." This distinguished event marks a significant milestone in our journey and is scheduled to take place on the 27th & 28th June 2026.

Organized in collaboration with the esteemed Central Karnataka

Endocrine Society, Dept. of Medicine, JJM Medical College, Davanagere, S. S. Institute of Medical Sciences & Research Centre, Davanagere & Association of Physicians of India, Davanagere Chapter this conference stands as a beacon of knowledge and collaboration in the realm of endocrinology.

*We anticipate two days filled with enriching discussions, insightful presentations, and invaluable networking opportunities, all aimed at fostering the exchange of ideas and advancements in the field. From cutting-edge research to clinical best practices, **HORMONE RHYTHM 2026** promises to be an exceptional platform for professionals dedicated to the study and practice of endocrinology.*

Join us as we delve into the intricate rhythms of hormones, exploring their multifaceted roles in health and disease. Together, let us deepen our understanding, forge new connections, and pave the way for advancements that will shape the future of endocrine care.

We look forward to your esteemed presence and active participation, contributing to yet another successful chapter in the advancement of endocrinology.

With warm regards,

Dr. Arpandev Bhattacharyya

Organizing Chairman

Dr. Varun Chandra Alur

Organizing Secretary

ORGANIZING COMMITTEE HORMONE RHYTHM 2026



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Dr. B G Shivakumar

Secretary API, Davangere



SCIENTIFIC PROGRAMME

Saturday, 27 June 2026

HALL A

TIME	TOPIC	FACULTY	CHAIRPERSONS
09:00-09:20 AM	Young Diabetic : Diagnostic Dilemmas	Dr Srinath A	Dr Manjunath PR Dr EJ Harish Dr Prakash D
09:20-09:40 AM	AI in Diabetes Algorithms vs Adipose : Can AI Outsmart Diabetes ?	Dr Basavaraj GS	Dr Vinay Swami PM Dr Kallesh Shamanur Dr Marulashresta GD
09:40-10:00 AM	The great masquerader : Recognizing Addison's before crisis	Dr Abhay Gundagarthy	Dr Chandrashekhar S Dr Karthik M
10:00-10:20 AM	Diagnostic Dilemma in Pituitary Imaging	Dr Chandan G	Dr KM Surayanarayana Dr Akhil Kulkarni Dr Veeranna Gadad
10:20-10:40 AM	LP (A) : Going beyond basic lipid panel	Dr Pramila Kalra	Dr Surendra EM Dr Malathesha MK Dr Vinay Dadehal
10:40-11:00 AM	Lipid management beyond statins	Dr Tittu Oomen	Dr Shah Abrar Dr Lohithashwa SB Dr Parikshith J
11:00-12:00 PM	INAUGURATION & FELICITATION		
12:00-12:30 PM	Presidential Oration Delivered by Dr Rajeswari J		
12:30-01:00 PM	Dr KM Prasanna Kumar Oration Delivered by Dr Subramanian Kannan		
01:00-01:20 PM	Diabetic Foot from Wound to Walking : Mastery of the Diabetic Foot Care	Dr Sanjay Sharma	Dr Vikrant Ghatnatti B Dr Basavaraj C Dr. Nithin B
01:20-02:00 PM	LUNCH		
OBESITY SESSION - Eli Lilly			
02:00-02:20 PM	Obesity as a chronic disease : Beyond the BMI paradigm	Dr Arpandev Bhattcharyya	Dr G Maruti Ramana
02:20-02:40 PM	The Incretin advances : Mono agonism to dual agonism in treatment of obesity-clinical implications	Dr Srinivas P Munigoti	Dr G Maruti Ramana
02:40-3:00 PM	Panel Discussion Q & A Moderator : Dr Ganapathi Bantwal		Dr Arpandev Bhattcharyya Dr Srinivas P Munigoti
03:00-03:20 PM	Remission or Illusion? The Truth About Diabetes Reversal	Dr Anish Bhel	Dr Mohan R Dr Praveen Devarabhavi

SCIENTIFIC PROGRAMME

Saturday, 27 June 2026

HALL A

TIME	TOPIC	FACULTY	CHAIRPERSONS
BONE SESSION			
03:20-03:40 ^{PM}	Approach to Osteoporosis Diagnosis & Management	Dr Sahana Shetty	Dr Gurushanthappa Dr Manjunath Reddy
03:40-04:00 ^{PM}	AI in bone health - Opportunities & Challenges	Dr Riddhi Das Gupta	Dr Ravinath Dr Praveen Anvekar
04:00-04:20 ^{PM}	Sarcopenia : Basics of Diagnosis & Management	Dr Akhila P Bhandarkar	Dr Rudramuni Andanur Dr Jayanth SS
04:20-04:40 ^{PM}	Calcium supplementation : When & How	Dr Lakshmi Nagendra	Dr Venkata Ramana Rao Dr Deepti Agarwal
04:40-05:00 ^{PM}	Genes to Glands : Precision Endocrinology in Genomic era	Dr Suraj S Kubihal	Dr Renuka BG Dr Lakshmi Nagendra
05:00-05:20 ^{PM}	Beyond Hype: Why innovator Semaglutide's proven legacy sets the gold standard in obesity management	Dr Manjunath G Ankal	Dr Sawakar SS Dr BG shivakumar
05:20-05:40 ^{PM}	Non Diabetic Hypoglycemia	Dr Praveen Kumar Devarabhavi	Dr Sanjay Kumar Dr KV Srinath
05:40-06:00 ^{PM}	The Kidney-Hormone Nexus : Endocrine Secrets of CKD	Dr Lohit V Kumabar	Dr K Brijesh Dr Rajeev Agarwal
06:00-07:00 ^{PM}	GBM		
07:30 ^{PM}	Banquet		

SCIENTIFIC PROGRAMME

Saturday, 27 June 2026

HALL B

TIME	TOPIC	FACULTY	CHAIRPERSONS
12:30-12:45 PM	iGlar Lixi : A Solid approach to break treatment Complexity	Dr Ganapathi Bantwal	Dr Surendra Naik Dr Manjunatha B.H.
12:45-01:00 PM	Fatty liver & Beyond : Role of Saroglitazar	Dr Vikrant Ghatnatti B	Dr Darshan Kumar HS Dr Samarth S
01:00-01:20 PM	Innovator semaglutide for a patient-centric approach: A case-based discussion on T2DM	Dr Priya chinnappa	Dr Pradeep TV Dr Samarth S
01:20-01:40 PM	Ectopic Hormones : When culprit is not the gland	Dr Praveen Ramchandra	Dr Adithi Chopra Dr Ashok G
01:40-02:00 PM	LUNCH BREAK		
02:00-02:20 PM	Childhood Obesity : More Than Just Calories	Dr Supreeth Chandrashekar	Dr Sowrabha Bhat Dr Veeresh
02:20-02:40 PM	MASLD - Newer name, Newer approach	Dr Shyam Sundar CM	Dr Siddesh G Dr Surendra Naik
02:40-02:55 PM	Clearing the air around inhaled insulin	Dr Vageesh Ayyar	Dr Kora Chandra Obul Reddy Dr Akshay Hiremutt
02:55-03:10 PM	When drugs disrupt hormones : Endocrine side effects of common drugs	Dr Sowrabha Bhat	Dr Adithya Lajami Dr Girish B Sangam
03:10-03:25 PM	Why SGLT2i need DPP4i partner : The Glucagon Paradox & More	Dr Manjunath HD	Dr Pramod GR Dr Nithin
03:25-03:45 PM	Gut feeling : Microbiome as hidden endocrine gland	Dr Srinivas Ashok Patil	Dr Shivaraj Afzalpur Dr Santosh Harkude

PEDIATRICS SESSIONS

03:45-04:10 PM	Imeglimin as a potent anti diabetic	Dr Anil Satyaraddi	Dr Brijesh K Dr Ravindra JG
04:10-04:30 PM	DSD Decoded : Diagnosis, Counselling and Care	Dr Belinda George	Dr Nagamani Awarwal Dr Kalappanavar
04:30-04:50 PM	Bowed Legs, Bent Questions : Approach to Rickets and Beyond	Dr Aditi Chopra	Dr Latha Shamanur Dr Koujalagi
04:50-05:10 PM	Diagnostic modalities in Ectopic Cushings	Dr Chetan C	Dr G Maruti Ramana Dr Anil satyaraddi
05:10-05:30 PM	URLi Action for Physiological Glycemic Management	Dr. Sandeep Donagoan	Dr Karthik Sasalu Dr Manoj Pujar
05:30-05:50 PM	Two Patients, one thyroid Problem : Managing Thyrotoxicosis in Pregnancy	Dr Santosh Harkude	Dr Manoj Pujar Dr Yellappa Reddy
06:00-07:00 PM	GBM (Hall : A)		

Saturday, 27 June 2026

HALL C

10:00-12:00 am	PG QUIZ - Preliminary Round	Dr Manjunath PR Dr Vishwanath S	Dr Dhananjaya M S Dr Sagar Reddy
12:30-01:30 pm	POSTER PRESENTATION	Dr KM Surayanarayana	Dr Belinda George

SCIENTIFIC PROGRAMME

Sunday, 28 June 2026

HALL A

TIME	TOPIC	FACULTY	CHAIRPERSONS
09:00-09:20 AM	The Suppressed TSH : Don't Treat the Number, Treat the Patient	Dr Sandeep Danagone	Dr Shreeharsha Kulkarni Dr Hoysala
09:20-09:40 AM	Found by Accident, Managed with Purpose : The Adrenal Incidentaloma	Dr Hema Venkataraman	Dr BG Karibasappa Dr BG Renuka
09:40-10:00 AM	Wait or Treat? : Distinguishing CDGP from GHD	Dr Mohan T Shenoy	Dr Shaila S Bhattacharyya Dr Dhananjaya MS
10:00-10:20 AM	Thyroid Cancer 2026 : From watch & wait to targeted therapy	Dr Subramanian Kannan	Dr L S Patil Dr Surendra Naik
10:20-10:40 AM	Obesity Unraveled : Understanding multifaceted origins	Dr Mahesh DM	Dr Nagaraj VT Dr Hoysala
10:40-11:00 AM	PCOS unmasked : One name, many faces	Dr Rajeshwari J	Dr A C Ramesh Dr Varshitha R
11:00-11:20 AM	GDM to T2DM breaking the continuum	Dr Harish Joshi	Dr. Sriharsha K Dr Suresh SR
11:20-11:40 AM	CGM in GDM	Dr Sagar Reddy	Dr Jothi Praksha SH Dr Subash Chandra
11:40-12:00 PM	Perimenopause hormonal chaos : Separating myth from medicine	Dr Himanshu	Dr Ravi Gowda Dr Bandamma Narendra
12:00-12:20 PM	Choosing the right injectable in T2DM : Basal insulin, GLP-1RA or both. WHO, WHEN, WHY	Dr Chitra Selvan	Dr Jothi Praksha SH Dr Subash Chandra
12:20-12:40 PM	Polyendocrine metabolic ovarian syndrome (PMOS) : Whats Changed ?	Dr Chitra Selvan	Dr Shobha Dhananjay Dr Rashmi Hegde Dr Sushma Nadagouda
12:40-01:00 AM	Acromegaly in 2026: Medical management Beyond Octreotide	Dr Brijesh K	Dr UR Raju Dr Pradeep GS
01:00-01:20 PM	Valedictory Function & Vote of Thanks		
01:20-02:00 PM	LUNCH		

SCIENTIFIC PROGRAMME

Sunday, 28 June 2026

HALL B

TIME	TOPIC	FACULTY	CHAIRPERSONS
09:00-09:20 AM	Thyroid nodule : When to Worry, Watch, or Act	Dr Manjunath Goroshi	Dr Raghu MS Dr Ajay Hanumanthu
09:20-09:40 AM	Eyes Wide Open : A Practical Guide to Thyroid Eye Disease	Dr Vijay Kumar Bhavi	Dr Shivayogi Kusgur Dr Prakash Dr Adithya Lajami
09:40-10:00 AM	Still Symptomatic on Levothyroxine : Cracking Resistant Hypothyroidism	Dr Anil Satyaraddi	Dr Ajay Hanumanthu Dr Pradeep GS Dr Girish B Sangam
10:00-10:20 AM	Panel Discussion : ATD, RAI, or Surgery ? The Definitive Treatment Dilemma in Hyperthyroidism	Moderator : Dr Sujan	Dr Somshekar Reddy Dr Brijesh K
10:20-10:40 AM	Hypophysitis: small gland big problems	Dr Vishwanath S	Dr Rakesh HR Dr Peersab M Pinjar
10:40-11:00 AM	Hyperprolactinemia : From Cause to Cure	Dr Ajay Hanumanthu	Dr Rakesh HR Dr Peersab M Pinjar
11:00-11:20 AM	Hormones Behind the Pressure : The Endocrinologist's Approach to Hypertension	Dr Srinath P. Shetty	Dr Vinay Deepali Dr Sanjay Kumar H
11:20-11:40 AM	Approach to hirsutism & acne Beyond Aesthetics : The Hormonal Roots of Hirsutism & Acne	Dr Soumya Inamdar	Dr Suga Reddy Dr Manjunath H Dr Manjunath H
11:40-12:00 PM	Gynaecomastia Decoded : Distinguishing physiological from Pathological	Dr Avinash Patil	Dr Chetan SV Dr Raveendra R
12:00-12:20 PM	CKM manifesto and Semaglutide: a case based approach	Dr Raghu MS	Dr Soumya Inamdar Dr Dhananjaya MS
01:00-01:20 PM	Valedictory Function & Vote of Thanks (Hall - A)		
01:20-02:00 PM	LUNCH		

Sunday, 28 June 2026

HALL C

09:00-10:30 PM

Oral Paper Presentation
PG QUIZ-Final Round

Discover Davanagere

The Gateway to Karnataka's Iconic Tourist Circuits

Centrally located in Karnataka, Davanagere is not just a vibrant city rich in culture and cuisine—it is also the perfect base to explore some of the state's most celebrated tourist destinations. Extend your visit and embark on unforgettable journeys to heritage sites, hill stations, waterfalls, and wildlife retreats nearby.

Nature & Scenic Escapes in Davanagere



SULEKERE (SHANTI SAGAR): One of Asia's largest irrigation tanks, offering expansive views and breathtaking sunsets.

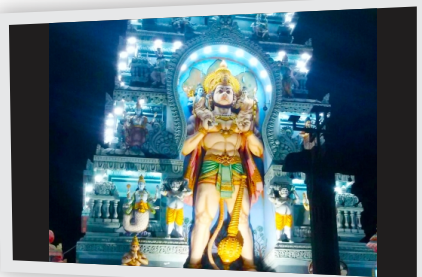
KUNDUVADA KERE: A tranquil lakeside retreat surrounded by hills, ideal for sunrise walks and peaceful relaxation.



BATHI GUDDA : A favorite among trekkers, known for its refreshing trails and panoramic hilltop vistas.

Spiritual & Religious Landmarks

SRI ANJANEYA SWAMY TEMPLE: A major pilgrimage site revered for its spiritual aura and devotional significance.



HARIHARESHWARA TEMPLE, HARIHAR: An iconic temple on the banks of the Tungabhadra River, blending spirituality with architectural beauty.

KALLESHWARA TEMPLES: Ancient temples reflecting timeless devotion and heritage.

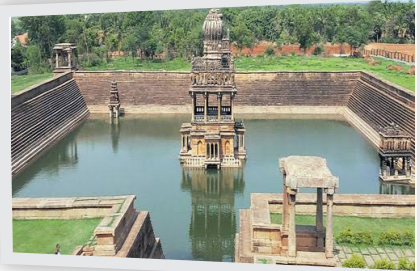


Heritage & Culture



KARANJI MANTAPA: A remarkable structure admired for its intricate carvings and classical design.

BETUR : A historically rich village known for ancient ruins and cultural legacy.

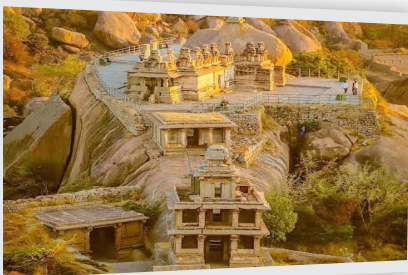


SHAHJI'S TOMB : A heritage monument showcasing distinctive historical architecture.

Nearby Tourist Circuits – Perfect Day Trips & Short Getaways

HAMPI CIRCUIT (APPROX. 170 KM)

A UNESCO World Heritage Site, Hampi is a mesmerizing landscape of ancient ruins, majestic temples, and boulder-strewn hills. Explore the grandeur of the Vijayanagara Empire through iconic landmarks such as Virupaksha Temple, Vittala Temple, and the Stone Chariot.



CHITRADURGA CIRCUIT (APPROX. 75 KM)

Famous for the formidable Chitradurga Fort, this destination offers a fascinating blend of history, mythology, and dramatic rock formations. The fort's massive walls, gateways, and legends of Onake Obavva make it a must-visit for history enthusiasts.

SHIVAMOGGA CIRCUIT (APPROX. 115 KM)

Known as the gateway to the Western Ghats, Shivamogga is a haven for nature lovers. Nearby attractions include Jog Falls, Agumbe, lush forests, waterfalls, and wildlife sanctuaries—perfect for rejuvenation after the conference.



Plan your stay beyond the conference and experience Davanagere as the cultural and travel hub of central Karnataka—where knowledge meets exploration.

REGISTRATION FEE

TYPE	FEE
DELEGATE	500/-
STUDENTS (PG/UG)	500/-

NOTE :-

Registration fee for Delegates : Scientific admission lunches, exhibition, delegate kits & fellowship dinner (Including scientific admission & Delegate Kits).

Accompanying persons* Residents/Post Graduates should attach a letter from HOD as a proof of belonging to that college/University. Accommodation & Travel not included.

* Delegate Kits not Included

**Spot Registration & Doctors who register post 22th June 2026 will not get CME Credit hours



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ONLINE REGISTRATION

www.hormonerhythm2026.com

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CONFERENCE SECRETARIAT

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Prince Jayachamaraja Wadiyar, Davanagere, Karnataka

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Rozita Events

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